



AAATA Contest Guidelines

ANKLE TAPING CONTEST GUIDELINES - Revised 2/15/2016

- 1) Two (2) students per high school may enter.
- 2) Use only commonly accepted ankle-taping techniques, provided proper stability is achieved.
- 3) Time limit is 5 minutes and will only be used to break a tie.
- 4) The top five (5) will have a final tape-off during closing and will be scored the same way during the prelims.

JUDGING CRITERIA:

- 1) Taping procedures will be judged on quality, not speed. BUT, it can be timed for scores that are tied.
- 2) Tape jobs will be judged on a point system, 25 pts max. Five subjects worth five points are: Stability, Neatness, Comfort, Fluency and Confidence

POSTER PRESENTATION GUIDELINES - Revised 2/15/2016

Interested students are asked to submit a poster presentation explaining and depicting a topic that directly relates to the realm of Sports Medicine.

INSTRUCTIONS:

- 1) Clear your topic through your supervising Athletic Trainer prior to starting on your poster.
- 2) Only three (3) students per school may present a poster.
- 2) The poster must be submitted on a **standard 22"x28" poster board.**
- 3) The text of the article must be at least 250 words, but no longer than 500 words.
- 4) All text must be typewritten on paper and glued to the poster board.
- 5) **The information presented should be researched in at least two commonly known professional publications with an appropriate bibliography presented on the poster board. Only one source can be from the internet.**
- 6) The poster must contain at least three (3) pictorial representations explaining the text of your article. (i.e. photographs, charts, drawings, etc.)
- 7) **Place author's name and school on the back lower left corner of the poster board. There may not be any form of author or school recognition on the front of the poster.**
- 8) Only one poster per student may be submitted for judging.
- 9) **Attachments to posters that will cause the poster to be too heavy for hanging on the wall are not allowed.**

SUGGESTED TOPICS:

- 1) Description of a specific injury seen in your training room.
- 2) An anatomical summary of a specific body part.
- 3) A unique and different method for treating an injury.
- 4) Description and reasoning behind a rehabilitation protocol.

JUDGING CRITERIA:

- 1) Ability to follow instructions.
- 2) Difficulty of topic and content contained in overall poster presentation.
- 3) Use of correct grammar and punctuation.
- 4) Difficulty of research and use of research materials to present an in-depth topic.
- 5) Credibility of resources; i.e. Encyclopedia vs. Journal of Bone & Joint Surgery.

PRESENTATION OF POSTERS: Bring your poster with you to AAATA Student Trainer Workshop. Your Poster will be displayed with all other posters for all student s to read and evaluate. Judging of the posters will take place during the morning session by an impartial panel of Athletic Trainers and Sports Medicine Specialists. Posters will remain on display following the announcement of winners for all students to examine the winning posters.

CATEGORIES: Three places will be awarded for the best overall posters. Prizes will be presented during the meeting; so all participants can view the winning posters.



Quiz Bowl Competition

Guidelines/Rules

- One team entry per school
- The Athletic Trainer must be a AAATA member
- Team will be comprised of 5 students with 1 alternate
- The same participants must participate in all rounds of competition
- Registration will conclude annually by symposium registration deadline.
- 16 team bracket (w/2 alternates)
 - The previous winning school must also register by registration deadline to be eligible to defend their title
 - The remaining 15 teams will be randomly picked from all eligible entries
- Each team must bring a school banner for the front of the table
- The questions will primarily be anatomy and medical terminology taken from the Sports Medicine I course.

Software and Setup

- Teams will be placed in a Family Feud format
- There will be a moderator
- The Preliminary rounds will take place in the morning immediately following the welcome convocation
 - The Sponsoring Athletic Trainer will sit behind their team/students
- Semi-final and Final Rounds will take place during lunch
- Brackets will be distributed with the registration packet and will be available at www.aaata.com
- Students will raise their hands when they want to answer a question or use a buzzer/electronic device if available

Rules for Competition

- Questions will be a variety of short answer and multiple choice
 - Short answer only during Semi-final and Final Rounds
- Once question is asked by the moderator, first team to raise their hand in the preliminary round has a chance to answer.
- During the Semi-final and Final Rounds, first team to buzz in has a chance to answer.
- The teams may converse, as a team, before they must answer the question
- Only one student (captain) will give the answer to the moderator
- The time limit to answer the question will be **10 seconds**
- If the team answers the question incorrectly, the other team may attempt to answer the same question.
- Points only awarded for correct answers, not for incorrect answers by the other team.
- Students may answer a question before the question is finished.

Scoring

- First team to five (5) points in the Preliminary Round wins
- First team to five (5) points in the Semi-final Round wins
- First teams to six (6) points in the Final Round wins

Policy on Electronic Devices/Cell Phones

- Once contestants are in the “competition area” no electronic devices of any kind are allowed.
- Violation of this rule will constitute automatic disqualification.