

Important Information

First of all, I apologize for this edition being tremendously late. I have no excuse, dock my pay or just verbally cuss me publicly and/or privately. Secondly, the 2006 Student Trainer Workshop is planned to be held at Samuel Clemens High School with Rudy Rocamontes and Dana Tuggle, keep them in your prayers. Be sure to spread the word to other Athletic Trainers in you district. We want as many student trainers present as possible. For a list of updated rules on all contests, donation / thank you forms visit the web site. Please try and secure donations such as t-shirts, gift cards or other cool teenage appropriate items and maybe a couple of nice professional door prizes. Keep in mind, AAATA will need nominations for a second vice-president. Talk to each other, have someone in mind, I think it is an honor and privilege to help our organization by serving.

2005 Student Trainer Workshop

The 2005 Student Trainer Workshop that was held at Taft (America) High School was a great success. Tim Kloewer, Lee Whitehead and their Student Trainers did a terrific job of putting on one of the more intense workshops in years past. With the addition of the "Trainers Challenge Course" many student trainers expressed how much excitement they had.



"It's all about the kids having fun and getting to socialize with student trainers from other schools.

We must get more school involved, so that attendance and participation increases," a soaked Tim Kloewer said after his student trainers dumped a ten gallon cooler of water on him.

Be sure to view the music video and photo collage by Tim Moore and the high quality photos from Julie Williams on the AAATA web site. Let us know what you think and any ideas you have for



Workshop presenters and helpers

Special thank you goes out to the people that took time out of their schedule to present at the workshop. During the morning session, Lee Whitehead (Taft HS), Scott Lawrence (Jefferson HS) and James Parker (Fox Tech HS) presented a informative hands-on rehabilitation session. Then in the afternoon, TR StCharles (O'Connor HS) covered "An athlete is down, what should I do?". Bo Kilpatrick (Reagan HS) did a PowerPoint presentation over components of rehabilitation. Elicia Leal talked about her Olympic experience at Athens with the water polo team. We can not forget Kurt Jensen, he helped with the workshop setup and getting lunch. His hard work and dedication to our organization is noted and has gained Honorary Athletic Trainer status.



CONTEST RESULTS**Kit Stocking**

1. CC Moody
2. East Central
3. Victoria Memorial

Ankle Taping

1. Roger Gonsalves, Madison
2. Amanda Bechol, Lee
3. Chris Pena, Victoria Memorial

Individual Quiz Competition

1. Cynthia Bognetto, Clemens
2. Tiffany Rousseu, Taft
3. Katie Degenhardt, Taft

Poster Presentation

1. Ashley Ingram, Victoria Memorial, *Piriformis Syndrome*
2. Adriana Montelongo, CC Moody, *Sprain vs. Strain*
3. Lee Ortiz, East Central, *Wound Care*

Team Quiz Competition

1. Taft: Katie Degenhardt, Tiffany Rousseu, Sara Slabisak
2. Clemens: Cynthia Bognetto, Bryan Cox, Amber Ramirez
3. East Central: Josh Dyer, Aaren Gignac, Kelly Strzelczyk

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Trainer Relay Race / Obstacle Course

The race which was comprised of: Kit Stocking, Ankle Taping, Balance Rehab, Splinting/Crutches, Anatomy and a Cooler Carry was a great success. Thank you to all the school that participated. I think the students had a fun time competing. Due to an administrative glitch, Taft and CC Moody ended up tying for first place.



Corpus Christi Moody



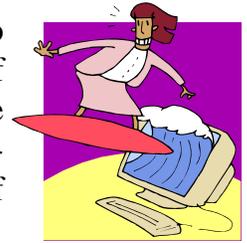
Taft (America)

AAATA Newsletter - Published & Edited by: Tim Moore, Madison High School 5005 Stahl Road San Antonio, TX 78247 637-4400x287, tmoor005@neisd.net
One year subscription rate is...free. The information and views of AAATA Newsletter are intended to supplement, not substitute for, the recommendations of a real Athletic Trainer. Readers are urged to consult any Athletic Trainer to complain about the Publisher / Editor. If you have any comment or questions, please feel free to write, e-mail or call the above number. If you would like someone else to receive AAATA Newsletter, e-mail me their address.

Be sure to check out the web site

<http://www.neisd.net/madison/athletics/trainers/aaata.htm>

It has an updated school directory and the '05 workshop in review, be sure to view the videos and pictures. There is also a Donation / Thank You letter on behalf of AAATA for door-prizes. E-mail me your current e-mail address to be put on the directory or with any concerns or comments you would like the board or the association to know about. If you would like to submit an article or any other form of journalism to be put in the Newsletter, e-mail it to Tim Moore.

**Few words from the Treasurer**

AAATA, officially a tax-free association, is looking for monetary donations. With over thirty High Schools in the San Antonio area alone, we as a group should be able to find donations. Any amount will help, you can get all the official tax-free information from John Young, MacArthur HS. Also, if you didn't attend this past year's workshop, please send in your yearly dues of \$20.00. These dues help run the Association. Remember you must be a member in good standing in order for your student trainer to be eligible for the Cortez Scholarship.



Also, after 18 years of serving as the AAATA Secretary, John Young, MacArthur HS, is stepping down. He feels it is time for new blood to run the books. If interested, please mention it to any board member



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Cortez Scholarship Winner

This past year's winner of the Cortez Scholarship is Roger Gonsalves from Madison High School. He is attending Blinn Junior College, then plans to continue at Texas A&M. Roger also took first place in the ankle taping contest, making him a back-to-back first place winner.

If you have a senior that plans to pursue an Athletic Training degree and you are in good standing with the association (paying your yearly dues). Download an application on the AAATA website, and send it to Marc Powell at Trinity University. Due to the late Newsletter, deadline has been extended to April 28th.

Information from the Internet

I am pretty sure most Athletic Trainers receive the publication *Training & Conditioning*. It is a free publication to all professionals. Go to the web site to sign up, you also will receive "Tools of the Trade" e-mails on various issues in the athletic field.

www.momentummedia.com

"*Training & Conditioning* serves as the trade publication for sports medicine and fitness professionals who work with competitive athletes. *Training & Conditioning's* editorial offers comprehensive coverage of news and development in the fields of both injury treatment/prevention and fitness/conditioning."

Hopefully this will aid you in your Training Room. The articles are short and it has a lot of advertisements on various Athletic Training products.

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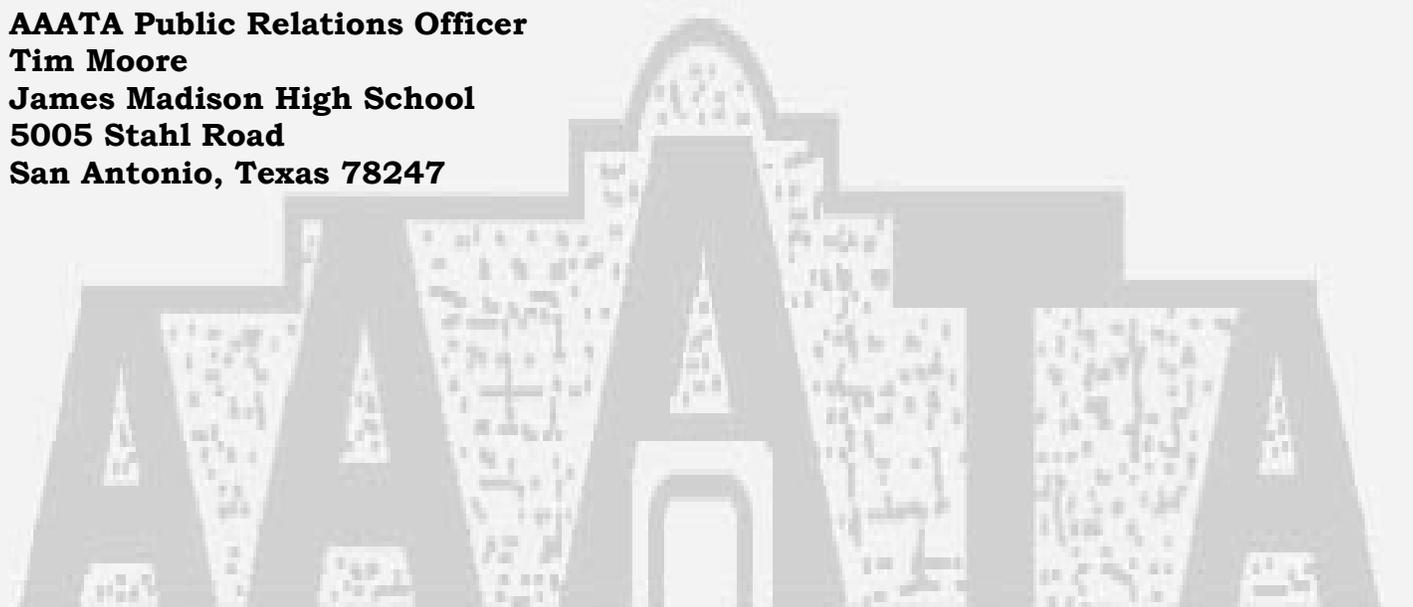
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Alamo Area Athletic Trainers Association

May 6, 2006 STUDENT TRAINER WORKSHOP
is schedule to be held at **Samuel Clemens High School**