

# AAATA NEWSLETTER

ALAMO AREA ATHLETIC TRAINERS ASSOCIATION

APRIL 2005

P.O. Box 780726 SAN ANTONIO, TEXAS 78278

[HTTP://WWW.NEISD.NET/MADISON/ATHLETICS/TRAINERS/AAATA.HTM](http://www.neisd.net/madison/athletics/trainers/aaata.htm)

## AAATA Student Trainer Workshop May 7, 2005 Taft High School

- 8-8:30 Registration in Auditorium Forum  
8:40 Welcome / Introduction  
8:45-9:45 Athletic Trainer / Physical Therapist:  
Hands on rehab  
AAATA Business Meeting  
9:45-10:45 Vendors / Colleges / Competitions (Quiz,  
Taping, Etc)  
10:45-12:15 Round Robin Sessions  
Student Trainer Challenge Course  
\* Three 30 min round robin sessions -  
Selected Schools  
\* Challenge Course - Selected Schools  
12:15-1:00 Lunch  
1- 2:30 Round Robin Sessions  
Student Trainer Challenge Course  
\* Three 30 min round robin sessions  
Selected Schools  
\* Challenge Course - Selected Schools  
2:30-2:45 Finals: Challenge Course  
AM winners vs. PM winners  
2:45-3:00 Taping Finals - 2 Finalist  
3:00-3:15 Awards Presentation  
3:15-4:00 Door Prizes / Scholarship Winner / Closing

## 2005 Student Trainer Workshop

This year's workshop is officially set for May 7th at Taft High School. The agenda and map to Taft HS is included in this issue. As promised, the "Challenge Course" is planned and waiting for teams. The course is a relay race involving ten (10) Student Trainers. The



course has numerous stations comprising of ankle taping and splinting to rehab and kit stocking plus a variety of other things. Each High School is allowed to enter one team of ten participants. If your school/team does not have ten people, you must have a minimum of five members and "pick-up", at the workshop, five other students that are not entered in the contest. The official rules and station explanation will be discussed during the Business Meeting.

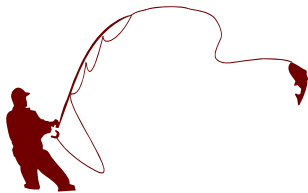
### It's Official!!!

As of April 4, 2005, AAATA officially became a Tax-Exempt Organization. Years of hard work went into getting this status, too many people to mention. They know who they are, your work finally paid off. So...we (AAATA) can now start getting "tax-free" donations.



### AAATA Secretary/Athletic Trainer Says Goodbye

Kaye Cosby, Memorial HS, has decided to retire while keeping her license current. Kaye served a six year term on the Advisory Board of Athletic Trainers and numerous years as the AAATA Secretary. She has worked over thirty years in the Athletic Training field. Her plans are to enjoy the slower things in life such as fishing, kayaking, photography and golf.



**Also hanging up the Scissors:** Peggy Enax, Madison HS, after 25+ years, 10 at Madison. Her plans are to head up the Health Co-Op program at Madison and teach a few classes at the University level.

### Attention All Universities

No time like the last minute. Any Universities interested in having a table at the workshop to "Show Off" your training program? This workshop would be a great opportunity to show your program with a selected audience. We will not have a set time for all the colleges to discuss their program as in the past. We have allotted extra time for students to visit college tables during the quiz/taping time. E-mail Tim Kloewer if you will want a table set aside for you.

### What AAATA Needs From You! (Before the workshop)

**Second VP and Secretary** - As normal, have in mind a person that is willing (or not) to run for Second Vice-President. Also, as stated earlier, Kaye Cosby is stepping down as AAATA's Permanent Secretary, anyone interested please do not hesitate and throw



your name in the hat. Main duties are recording the minutes from the workshop and executive board meetings, along with help setting up the workshop.

**Challenge Course** - For things to run smoothly during the challenge course, we need each high school interested in competing, to RSVP the 10 names of your Student Trainers to Tim Kloewer. This is needed so we can have an estimated count of high school and to separate the teams into two sessions. This should be fun for both the students and the professionals.



## What AAATA Needs From You! (Before the workshop) Cont'

**Quiz Contest Questions** - Andi Green, Lehman HS is trying to refresh and update questions that are used in the Quiz Contest. It would be great if each school could e-mail her five questions relevant for Student Trainers. We are in need of an updated databank.

**Contest Volunteers Wanted** - Volunteers are needed for the Quiz Competition, Ankle Taping and Challenge Course judges. Send Andi an e-mail so she can have people lined up and ready to go. This would reduce her stress level over trying to find volunteers the day of. All Athletic Trainers will judge on the poster and kit presentations.

**Special Trainers** - Be sure to have two Student Trainers in mind for the Special Drawing. The Board feels that those special trainers should have a chance at a good door prize rather than just pot luck. It doesn't seem fair for a first year Student Trainer to win floor seat tickets to a Spurs game and maybe not be in your program the next year, while your three year letterman wins an Igloo lunch box.

**Door Prizes, Door Prizes, Door Prizes** - Tom Falan has had to step down from Door Prize Officer and the Board Members and Officers are feeling the effect of his leaving. Tom did a tremendous job getting donations from companies to ensure all Student Trainers received a prize. AAATA is asking for your help in finding a few door prizes for either/both students and professionals. Thank you in advance.

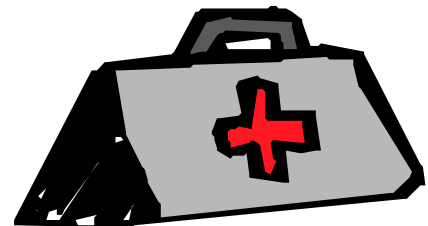
## A Few Rule Changes

### Ankle Taping Contest

It is the decision of the Board Members and Officers that this years Ankle Taping Contest will be judged together regardless of sex due to all the contests being Male/Female combined. Each high school will be able to enter your top four ankle tapers. You could have a lead-up "Tape-Off" at your school. After all the judging, the two with the highest scores will have a final taping dual for first and second place towards the closing.

### Kit Stocking Contest

Due to the massive variety of Student Trainer kits, we are narrowing down the contest to one category. Any and all universal Student Trainer Kit will due, regardless of being a hard or soft kit. Of course the kit should not be big enough to carry extra body parts nor small enough to hold only a Chihuahua. A normal Student Trainer kit should be around the size of a Cramer Pro-Side or Junior kit.



**CornishMedical**  
ELECTRONICS

**Mueller**

SPORTS MEDICINE

- SAT is given at Taft the same time as the Workshop
  - Taking 1560 may eliminate some traffic issues
  - Enter Taft at the front entrance near the flag poles
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**AAATA Public Relations Officer**

Tim Moore

James Madison High School

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