

# AAATA NEWSLETTER

Alamo Area Athletic Trainers Association

February 2004

## Greetings and Updates

As present President of AAATA, I hope everyone is having a productive and injury free year. As of today, we do not have a site for this years Workshop, but it is scheduled for May 8th. We are in contact with a couple of schools about hosting the event and should have a site by mid February.

As most of you know, one of my football players, David Edwards, during the Austin Westlake Playoff game made a helmet to body tackle and is presently a quadriplegic. He battled some rough times after the initial surgery but is now in Houston undergoing rehab. This injury has put a dark cloud over the coaching staff, the school and community. Presently the "out of sight, out of mind" is settling in, except for those that are keeping up with the situation. We (Athletic Trainers), in general, are not use to this severe type of injury and the protocol that follows. Through this tragedy, we were blessed with becoming familiar with a foundation that is dedicated to helping schools, athletes and their families to deal with this type of injury. The foundation is called The Gridiron Heroes ([www.gridironheroes.org](http://www.gridironheroes.org)). Rick Canales, former Athletic Trainer and brother of the founder of the organization requested that we begin to work on having this foundation recognized by AAATA, SWATA and NATA. I have met with The Gridiron Heroes and feel that this is a beneficial outlet for all Athletic Trainers and Coaches. Check out the web site and let me know what you think.

I believe that everyone says "If there is anything I could do...", please spread the word that donations to David Edwards' Family can be made at any Firstmark Credit Union. Despite the family's insurance and the NEISD Insurance, David's family will need continuous monetary help. Thank you in advance for any help.

Please contact me if you have any questions.  
- Tim Moore, Madison HS

## Term Well Served

Thank you goes out to past President Derek Huddleston (Churchill HS) on a prolific term served. He initiated the new format for the Student Trainer Workshop, which proved to be helpful and productive. He continues to help AAATA by his ongoing work in the tax-exempt status for the organization. Just a side note, Derek was the first recipient of the Charlie Cortez Scholarship offered by AAATA.

## Heart Felt Goodbye

Kendra Brookover-Tharp (Reagan HS, Austin) is relinquishing her duties as Contest Officer and Public Relations Officer. She has done a wonderful job on both these committees. We all know how time consuming our jobs is, Kendra plans to spend more time with her new family. AAATA Executive Board and Officers realize and appreciate how much work she has done for our organization. Andi Johnson (Hays HS) will take over as the Contest Officer and Tim Moore (Madison HS) will take over as the Public Relations Officer. Just shows that it takes two people to do what Kendra did for us.

## Membership Dues

Many Athletic Trainers did not attend last year's workshop in Hays. This means that a lot of people didn't pay their membership dues. Membership dues are what help this association continue to run and stay alive. If you could please send your \$20.00 to:

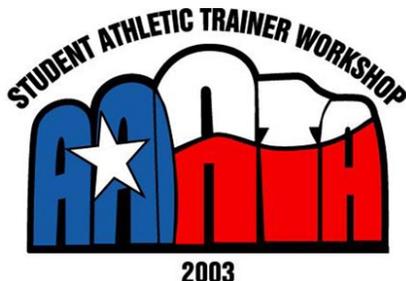


MacArthur High School  
Attn: John Young, AT,  
AAATA Treasurer  
2923 Bitters Road  
San Antonio, Tx 78217

In order for your student trainer to apply for the AAATA's Cortez Scholarship; you must be a member in good standings.

## .2003 Sdt Trn Workshop

Last years' Student Trainer Workshop was quite successful. A special "thanks" goes to Hays High School's Andi Johnson and her staff for hosting the massive event. Despite the low turn out of schools and student trainers, the program proved to be informative and beneficial. The students seem to enjoy the shorter Round Robin sessions and the presenters didn't seem to get burned-out. Andi put a lot of work into the workshop and she did a great job, thank you from all of us.



## Student Trainer Contest Results

### Girls Ankle Taping

1. Dawn Humble - Madison
2. Cyndi Campos - San Marcos
3. Kelly Gipson - East Central

### Boys Ankle Taping

1. Justin Cruz - Roosevelt
2. Roger Gonsalves - Madison
3. Ryan Freeman - Churchill

### Hard-Sided Kit

1. East Central
2. Seguin
3. Memorial

### Soft-Sided Kit

1. Roosevelt
2. East Central
3. Seguin

### Poster Presentation

1. Laura Reavis - Memorial, *Creatine*
2. Christina Garcia - Memorial, *AED*
3. Kyle Snider - Roosevelt, *Finger Dislocation*
4. Monica Gonzales - Memorial, *Brachial Plexus Injury*
5. Sandi Maldonado - Seguin, *ACL Reconstruction*
6. Amy Smith - Taft, *Aquatic Rehab*

### Team Quiz

1. Hays: Berry, Petters, Mangrum
2. East Central: Noll, Puga, Richard  
Taft: Thompson, Jarman
3. Memorial: Minatrea, Prosen, Reavis

### Individual Quiz

1. Kelsey Mangrum, Hays  
Chelsey Thompson, Taft
2. Andi Chamvbers, Churchill  
Annise Richard, East Central  
Imelda Roasa, Seguin
3. Ami Freeman, LaVernia  
Melissa Minatrea, Memorial



## An Extra "Thank You"

An extra "Thank You" to the presenters who volunteered and donated their precious time and efforts:

**Ankle Rehab:** Bob Boryca (MacArthur HS) & Julie Williams (Roosevelt HS)

**Injury Video:** Derek Huddleston (Churchill HS)

**Supplements:** Suzanne Paylor (Jay HS) & Evelyn Tidwell (East Central HS)

**Technology in the Training Room:** Mike Adams (Pflugerville HS) & Sam McCrary (O'Connor HS)

**The Downed Athlete:** Jennifer Hargraves (Wimberly HS) & David Stickelbault (Judson HS)

**Training Jargon:** Mary Bolan (Bandera HS) & Mitch Knauth (Stoney Point HS)

**Tax Exempt Status**

In order for our association to gain "Tax Exempt" status, we (AAATA) need to reword our section of "Purpose" in the Constitution. We must make the priority of the AAATA an "organization that is exclusively for charitable and educational purposes." This must be voted on and passes by 2/3 vote at the annual business meeting in May.

**The "Purpose" presently states:**

1. *To promote the highest possible standards for Athletic Trainers.*
2. *To promote the advancement of the athletic training profession in all its phases, and to promote a better working relationship among those persons interested in the care and prevention of athletic injuries, and in the education and well being of all athletes.*
3. *To promote the free exchange of ideas within the association to further the ability of its members.*

**The "Purpose" must first be stated:**

1. *To promote educational and charitable opportunity for all Student Trainers.*
2. *To promote the highest possible standards for Athletic Trainers and the free exchange of ideas within the association to further the ability of its members.*
3. *To promote the advancement of the athletic training profession in all its phases, and to promote a better working relationship among those persons interested in the care and prevention of athletic injuries, and in the education and well being of all athletes.*

Please keep this in mind and be prepared to review and discuss this topic at the business meeting during the Workshop.

**Obtaining Select Names**

We are compiling a record of past presidents of AAATA and past Cortez Scholarship winners. If you have been a past president or a scholarship winner or even might remember these select people and what year. E-mail me at: tmoor005@neisd.net

**AAATA Address**

Alamo Area Athletic Trainers Association  
P.O. Box 780726  
San Antonio, Texas 78278

**AAATA 2003 Directory**

As the new Public Relations Officer, I am in charge of the newsletter and updating everybody of upcoming events. I also need to update the AAATA Directory. I need to receive the following from all Athletic Trainers: Name, both home and school address, phone numbers, and e-mail.



It would be appreciated if everyone could e-mail me this information. When it is completed, then I could send everybody an updated membership directory. E-Mail me at: tmoor005@neisd.net

**Cortez Scholarship**

The 2003 Charles Cortez Scholarship has been awarded to **Chelsey Thompson of Taft High School**. She will be attending Texas State University. This scholarship is open to Alamo Area senior student trainers that plan on attending a college/university and is accepted into their Athletic Training Program. For an application and/or complete information about the Charles Cortez Scholarship, contact Marc Powell (Trinity Univ.), Scholarship Officer.



**This years Cortez Scholarship application deadline is April 15, 2004.**

**Door Prizes**

Everybody knows Tom Fallen (LaVernia HS) does a great job getting door prizes for the Workshop and the Professionals. He travels around San Antonio looking for donations. He could use help from us securing donations, such as going to restaurants and businesses, dinner for two or twenty dollar certificates, etc. We would like a representation of door prizes from all over San Antonio. Any and all help would be greatly appreciated. For questions contact Tom Fallen.

# 2003-2004 BOARD MEMBERS & OFFICERS

## Board Members

**President:** Tim Moore  
Madison HS, 210-637-4400 x287  
tmoor005@neisd.net

**1st Vice-President:** Tim Kloewer  
Taft HS, 210-688-6060  
taft218@nisd.net

**2nd Vice-President:** Julie Williams  
Roosevelt HS, 210-650-1200 x245  
jwill004@neisd.net

**Treasurer:** John Young  
MacArthur HS, 210-650-1100 x351  
jyoun002@neisd.net

**Secretary:** Kaye Cosby  
Edgewood HS, 210-444-8345

## Officers

**College Student Trainers:** David Gish  
Texas State University  
512-245-2979

**Contests:** Andi Johnson  
Hays HS, 512-268-2911 x6263

**Door Prizes:** Tom Falan  
La Vernia HS, 830-779-2181 x3243

**Public Relations:** Tim Moore  
Madison HS, 210-637-4400 x287

**Scholarships:** Marc Powell  
Trinity University, 210-999-8293

---

## AAATA Public Relations Officer

Tim Moore  
James Madison High School  
5005 Stahl Road  
San Antonio, Texas 78247